

Vertical Movement System

**VMS**<sup>TM</sup>

**V4**  
Floor Mount

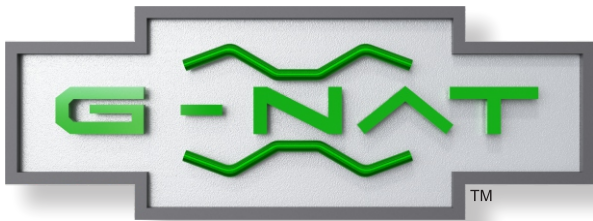


[g-nat.com](http://g-nat.com)

Made in the USA

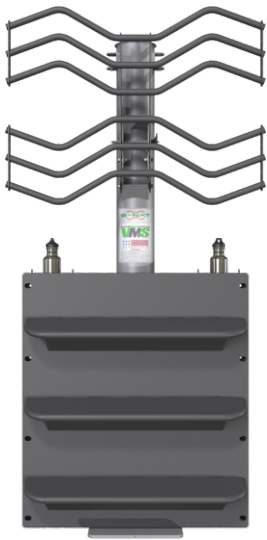
Multiple US & Foreign Patents Pending

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Vertical Movement System  
**VMS**

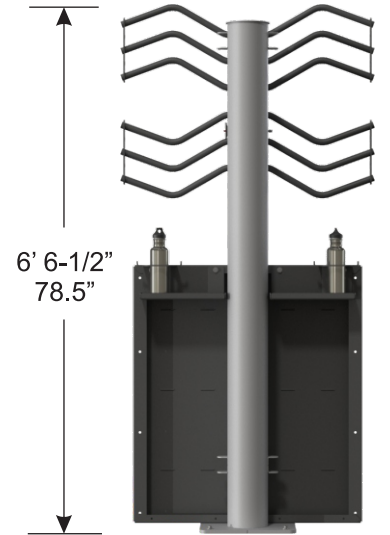
## V4 Floor Mount



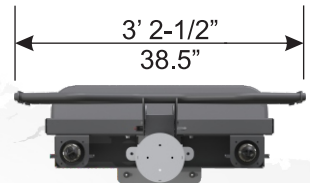
1' 3-3/4"  
15.75"



1' 11"  
23"



6' 6-1/2"  
78.5"



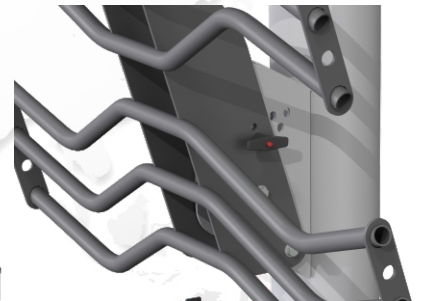
3' 2-1/2"  
38.5"

The V4 is the ultimate professional VMS system. It is floor mounted can be installed wherever desired. The V4 is equipped with a multi-positional handle bar head and is shipped fully assembled for quick installation. (4 concrete wedge anchors included)

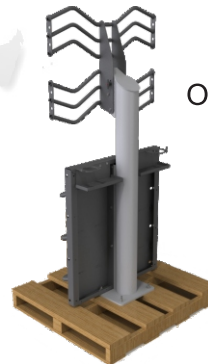
The V4 is designed to easily upgrade by attaching an optional band bank system (VMF5K). Two water bottle holders are included that can also hold cell phones, hand towels, keys and other personal items, conveniently within sight of the user. (water bottles not included)



V4 is the only VMS model with a multi-positional handle bar head that tilts forward to exponentially increase difficulty.



G-NAT resistance bands can be simply attached to the band clip holes along both sides of the V4, as illustrated above. (Bands sold separately)



Overall Dimensions & Weight:  
38.5"W x 15.75"D x 78.5"H  
210 lbs.

Shipping Specifications:  
44"L x 40"W x 86"H  
280 lbs.  
Class 70

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