



BB5QC Floor Mount

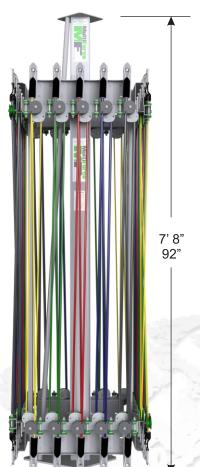
QUAD COLUMN









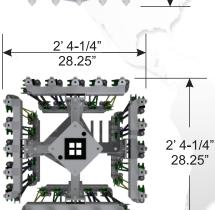


QUAD COLUMN

The BB5QC Quad Column includes four BB5 band banks, one on each of the four sides of a floor mounted column. One to four people can train on the Quad Column at the same time. With all the features and benefits of the BB5, it can be installed anywhere in the room that provides enough space around it for the type of training and movements required.

The Clip-N-Go system of the BB5 allows the user to quickly connect one or multiple bands from one BB5, or a band(s) from two BB5's at the same time for a tremendous amount of accumulative resistance. From rehab applications to the needs of an extreme athlete, a sufficient amount of resistance can be achieved from the top, bottom or any position in between.

The quad column's versatility allows for a multitude of movements in a very small foot print.









475 lbs. Class 70